

## **The Pathwork® Transformation Program First Year 4 x 4 Class 2008-2009**

“Self-realization means shedding the layers of error so that the real self, the divine, eternal inner being, comes to the fore. You can shed these layers of pain, error, confusion, and limitation only when you no longer run away from yourself; when you are willing to look at yourself as you really are instead of as you want to be; when you accept yourself in the moment, when you do not struggle against your temporary state, even though you understand its error.

This is the work you are doing on this path.” — *Pathwork Lecture 144*

### **The Course**

Students commit to this five-year program one year at a time. Each of the four weekends will focus on deepening conceptually and experientially into the wisdom central to the Pathwork. Students will find nourishment for their soul, and learn to open the heart while developing courage, trust, and skills to risk more fully to change negative qualities into life-affirming assets.

### **The Teachers**

The principal teachers for the program will be John Bayerl and Ruth Glick, Helpers in the Mid-Atlantic Region. They have each been practicing Pathwork for more than 15 years while teaching, leading groups, and offering individual sessions. John and Ruth graduated from the same PTP class in 1993 and have worked together recently teaching the third year in the Original Program. John has a passion for creating a safe, grounded container for the work. He is a father, husband, and has a 30-year involvement with men’s work. Ruth is a licensed therapist, has a background in teaching yoga, and is a parent.

### **Dates for Year One 4 x 4 Class 2008-2009**

November 20-24, 2008; January 15-19, 2009; April 2-6, 2009; July 22-26, 2009.

All weekends begin Thursday at 8 p.m. and end Monday at 2 p.m. except July which will start on Wednesday at 8 p.m. and end on Sunday at 2 p.m.

### **Prerequisite and Requirements**

One or more prerequisite workshops are required during the year that you are applying to the program. Filling out an application form and an interview with a member of our faculty is required after attending a prerequisite workshop. The cost for this interview is \$50. Individual sessions with a Pathwork Helper are required during your time in the program. A minimum of 24 sessions are required during the year. If you do not have a Helper we will assist you in finding one in the interview. Cost of Helper sessions and reading materials are not included in the tuition cost.

### **Tuition for the First Year**

Cost is \$4175; this includes tuition and \$175 for full membership in the Mid-Atlantic Pathwork. the benefits of a workshop discount, invitations to member’s events, free accommodations at Members’ Weekend, and the richness of being a part of this community. The cost also includes all classes, room and board for four weekends, and administration, registration, mailings, and compensation for our faculty. \$500 deposit and signed contract are due on Wednesday, October 15, 2008.

### **Contact**

If you are interested in applying, please contact Karen Millnick at **540-948-5548** or [spiritpath@cstone.net](mailto:spiritpath@cstone.net) for an application package.